

## Course Outline Effective Safety Coaching Train the Trainer

## Duration

5 Days

## Who Should Attend?

The programme is aimed at managers, supervisors and safety professionals whose role includes workplace coaching to shape safe behaviours. The programme is also useful for those who are looking to build upon their leadership, rapport and training skills, where additional tools are discussed to explore alternative ways of influencing behavioural change through workplace training.

## What Is Covered?

The course is designed to equip delegates with the theoretical and practical information to carry out workplace coaching and training within their own work environment.

Available as an accredited programme or bespoke to a Clients environment, the content of the training programme gives delegates the information to:-

- > Explain how the impact of leadership effects and influences behaviour
- Outline the correlation between motivation and behaviour.
- Describe the key constructs to rapport building
- Recognise the difference between human error and violation
- Learn, demonstrate and practice the qualities that an effective coach / trainer has
- Describe in detail how to measure safety performance using leading and lagging metrics
- > Explain the meaning of fair and just and how it relates to consequence management
- Outline the meaning of a want to compliant culture
- > Describe the salient factors which are required to develop and deliver a successful safety coaching training programme