

Course Outline

Effective Safety Coaching

Duration

2 Days

Who Should Attend?

This two day programme is aimed at managers, supervisors and safety professionals whose role includes workplace coaching to shape safe behaviours. The programme is also useful for those who are looking to build upon their leadership and rapport skills, where additional tools are discussed to explore alternative ways of influencing behavioural change

What Is Covered?

The course is designed to equip delegates with the information and practical skills to be able to engage and carry out workplace coaching within the working environment. On completion of the programme delegates will be able to take practical and theoretical knowledge back into the workplace and in particular:-

- Describe where safety coaching and behaviour sits within a safety management system
- Develop a greater understanding of safety cultures and how they are effected
- Evaluate how the impact of strong/weak leadership in a safety management system can influence behaviour
- Explain some of the key behavioural concepts that impact on an individual's motivation
- Practice building rapport and carrying out effective individual interactions transactions
- Recognise and differentiate between human error and violations
- Explain the qualities that an effective coach has
- Outline the importance of different HSE performance measurement techniques
- Describe the importance of managing consequence and the power of positive reinforcement
- How to address unsafe behaviours and create a compliant "want to" culture