

## Course Outline

# NEBOSH General Certificate

### Who Should Attend?

This qualification is for anyone who needs to gain a sound understanding of the principles of workplace health and safety. It also covers UK specific health and safety law.

For some, the National General Certificate is a crucial first step towards establishing a lifelong professional career in occupational health and safety. However, around three quarters of people who hold a National General Certificate are employed in roles whose primary function is not health and safety.

The National General Certificate is seen as a very useful qualification for managers, supervisors and those who need to have a sound understanding of their health and safety responsibilities and who wish to implement sustainable health and safety improvements.

Many people take the National General Certificate in Occupational Health and Safety as a first step in a career in health and safety as it gives a valuable overview, and is a sound basis for further professional study.

### What Is Covered?

The course is divided into 2 units (NG1) and (NG2) comprising 11 key elements, including:-

#### NG1

1. Why we should manage workplace health and safety
2. How health and safety management systems work and what they look like
3. Managing risk – understanding people and processes
4. Health and safety monitoring and measuring

#### NG2

5. Physical and psychological health
6. Musculoskeletal health
7. Chemical and biological agents
8. General workplace issues
9. Work equipment
10. Fire
11. Electricity

## How is it Assessed?

Assessment is in the form of:-

1. An exam comprising x1 20 mark question and x10 8 mark questions (NG1)
2. A practical assessment (risk assessment) (NG2)